

## **Tips for measuring for a shirt, vest or jacket.**

(To go with Show-Off Designs measurement form.)

*To make a garment fit better, the seamstress needs proper measurements that are taken seam-to-seam with a well-fitting shirt). Don't pull the tape measure tight.*

1. Neck to shoulder – (Usually 4-6”) from the neck band seam to the shoulder seam. (you don't want the sleeve to hang off the shoulder).
- 1a. Around the neck (Usually 14-16.5”)
2. From the left shoulder seam to the right shoulder seam. (14-16”)
3. Measure from the bottom of the collar to the natural waist. (15-18”)
4. Bust – fullest part of the bust.
5. Shoulder seam to the middle of the hand with arm straight down. (21-25.5)
6. Wrist measurement between the middle of the hand & the wrist (6-8”)
- 6a. Measure biceps. (10-15)
7. Waist measurement at the natural waist. (at the belly button)
8. Measure hips at the hip bone. (If you want a longer jacket – add the hip measurement where you want the jacket to come).
9. Length of the jacket. Measure from the neck band to the length that you want the jacket, vest or shirt. *(Be sure to push the tape measure in at the waist or it will be too short).* (Usually 22-26”)
10. This measurement is only needed for a horsemanship shirt. (It has to do with the length of the panty).